



Long Term Conditions

Speech and Language Therapy

For patients and families



Speech and Language Therapy Service



Supporting communication and swallowing difficulties.

Our aim

- To assess and treat communication and swallowing difficulties
- To provide information and education about communication and swallowing difficulties
- To support patients and carers adjust to life with communication and/or swallowing difficulties
- To work with other health and social care professionals, social support services and charities, in providing optimum care e.g. physiotherapy, Motor Neurone Disease Association

To agree goals for therapy with the patient and family in order to maximise independence with swallowing and communication.





Who can refer?

- GPs
- Other speech and language therapists
- Other health and social care professionals

Areas of therapy

- Communication and/or swallowing difficulties related to neurological conditions e.g. Parkinson's disease, brain tumours, stroke
- Communication and/or swallowing difficulties related to other medical or surgical conditions.
- · Stammering.

NB Communication problems may include difficulties with any of the following: speech, language expression & comprehension, reading and/or writing.



Appointments

- At East Surrey Hospital, Oxted Therapies Unit or in the home when the patient is unable to attend a clinic
- Appointments will last approximately 60 minutes
- An assessment may be followed by a period of therapy with goals agreed by both the patient and speech & language therapist
- Individual or group therapy may be available
- As part of an agreed therapy programme, regular home practice may be required





Further information and feedback

If you would like to find out more about our services, please visit our website at:

www.firstcommunityhealthcare.co.uk

If you would like this information in another format or language, or would like to provide feedback about this leaflet or any of our services, please contact:

Telephone: 01737 775450

Email: enquiries@firstcommunitysurrey-cic.nhs.uk

Twitter: @1stchatter

2nd floor, Forum House, 41-51 Brighton Road, Redhill, RH1 6YS

Adult Speech & Language Therapy

For further information about the Speech and Language service please contact:

First Community Health & Care

Adult Speech and Language Therapy Team

East Surrey Hospital

Canada Avenue, Redhill, RH1 5RH

01737 768 511 extension 6085

FCHCCIC.SLTFCHC@nhs.net

If no-one is available, please leave a message and we will endeavour to respond as soon as possible.

Your Speech and Language Therapist is:

Author: Pip Steers Publication: September 17 Review: May 2020 Version: 2